

Rest in Christ: The Son's Promise
Matthew 11:28-30

1. Who is invited?
2. What does Jesus offer?
3. What does Jesus require?
4. What does Jesus mean when He says "take My yoke upon you and learn from Me"?
5. How is Jesus' yoke easy and burden light?
6. Why do some people refuse to follow Jesus?
7. How can we use this text to help others understand what it means to follow Jesus?