

**Rest in Christ: The Son's Invitation**  
**Matthew 11:28-30**

1. Who is invited?
2. What does Jesus offer?
3. What does Jesus require?
4. What does this text teach us about Jesus?
5. What does this text teach us about what Jesus requires?
6. Why do some people refuse to follow Jesus?
7. How can we use this text to help others understand what it means to follow Jesus?