True Worship (Part 1) Ephesians 5:19 Romans 12:1 Study Guide

1.	5:19-21 provides three expressions of the spirit-filled life. What are they? How would you relate these to worship? What about the rest of the book of Ephesians, how is that related to worship?
2.	The message gave some examples of people whose "worship" is mainly directed by the feelings they have and the worship they listen to. How would you counsel them from the Bible about the nature of true worship? (see John 4:23-24; Rom 12:1-2; Phil 3:3) Do you believe it is important to be careful not to confuse intense feelings with worship? Why or Why not?
<i>3.</i>	The message suggested the book of Ephesians could be considered a book about worship and said the first three chapters are why we worship, while the last three suggest how. Do you agree or disagree? How does this relate to what Paul says in Romans 12:1-2?
4.	The message defined worship as a response to Who God is and what He has done. What does Rom 11:33 -36 teach us about God that fuels our worship? How does that truth prepare us for what is asked of us in 12:1-2? (See Ps 100; 33; 90; Col 1:15-17)
5.	Romans 12 bases the Christian's worship in the mercies of God. What does Paul mean by "mercies," and how do they motivate God's people to worship? How do God's mercies stir our hearts to not only live for Him, but to sing praises to Him?
6.	If a person feels cold or distant towards God, the message suggested they meditate on God's mercies, which includes a clear sense of the sinfulness of their own sin, the realities of the hell and judgment they deserve, and God's merciful deliverance from that fate in Christ. Discuss why you suppose this has been lost on so many Christians. How has this blunted their worship? We can we do to recover this for ourselves and for one another? (see Psalms 32, 51, 130; Prov 28:13; 1 Pet 2:10)