

## **The Heart of Thankfulness**

**12/1/19**

1. How is it possible to be “thankful in all circumstances” when our circumstances are often so difficult?
2. What happens when a person grounds their thankfulness in a change in circumstances rather than in God Himself?
3. Why do you think most people tend to complain rather than be thankful?
4. How can a Christian guard his or her heart from being ungrateful?
5. What areas in your life are you more likely to complain, and what steps will you take to change your attitude?
6. List 5 things you have seen God do that you are thankful for.
7. List 5 things about God that you are thankful for.
8. How can we best encourage each other to be thankful for Who God is this holiday season?